

Press & Media Kit

Siris Raquel

Empowering Light Language

empoweringlightlanguage.com

Meet Siris

**Empowering individuals and families
to shine their light.**

You put a request into the Universe to receive connection through a communicator who could help you create. The Universe answered.

Meet Siris, the clarifying voice you've needed.



Connect Communicate Create



From Siris

My life consisted of hospitals, therapists, stressed parents, cultural and linguistic shifts and constant change as my family and I moved from Puerto Rico to Chicago and started to create a life there. I was very aware of bodies and what was possible with them beyond what people were projecting at my family and my siblings with "disabilities." I had a capacity for perceiving possibilities in people's lives and playing with languages and bodies in ways that other people didn't seem to be.

Throughout my childhood and into adolescence, I chose to dabble in all kinds of ways of being of service to others while also navigating my own chronic pain, auto-immune issues and reproductive health problems. I never gave up on what I knew was possible for me and my body and kept looking for tools to create more ease in my body while completing a dual master's degree in Speech-Language Pathology and Learning Disabilities.

From Reiki, ThetaHealing™, Shamanic energy work to Access Consciousness™ and more...everything contributed to where I am today and the business that empowers people to have what is true for them and their bodies now and in the future.

I love bodies. I always have. I care about people, and it used to hurt so much to see them choose less than what I knew was possible for them and their bodies. Now, I invite them to new places and spaces in their lives beyond speech, language, learning and behavior to every area of their lives with my private sessions and classes around the world and it's amazing what people tell me has changed for them!

After 16 years working with individuals, families, schools, and clinics, I have developed a poignant, dynamic and unique facilitation style that honors the little girl I was who always knew more was possible, inspiring the seekers, dreamers and innovators to create marvelous lives and businesses.



Areas of Expertise

Coaching



Energetic
Bodywork



Speech-Language
Therapy



Child & Family
Coaching



One-on-One
Premium Coaching

Products



Online Courses



Holistic Products



Books

Connection Points



Facebook Group



Podcast